



Sacred Heart Cathedral School

Te Kura Ahurewa o te Ngākau Tapu

Guildford Terrace, Thorndon

Phone: (04) 472 4047 • www.sacred-heart.school.nz



NEWSLETTER

To educate our children within a Catholic environment to achieve
their full spiritual, academic and personal potential.

Dear Parents/Caregivers

5 February 2019 Week 2 Term 1

Hello, Kia Ora, Talofa lava, Namaste, Mabuhay, Ciao, Kia Orana, Ahalan, Kon-nichiwa, Ni hao, Selam, Xin chao, Bonjour, Bula, Dzień/dobry, Nee how, Shalom, Dia duit, Mauri, Halo, Privet/Zdravstvuite.



"To be the Best Catholic Primary School that we can be."

Apologies to **Fletcher** who started in Room 1 last week on day 1 of Term 1. Cathy mistakenly put in his surname and not his first name in last week's newsletter. Welcome to Sacred Heart Cathedral School, **Fletcher**.

Powhiri: We had a beautiful powhiri to welcome new students to Sacred Heart Cathedral School and their families. Special thanks to **Rangimoeroa Waikari, Whaea Rangī**, who supported the staff and students, **Declan Millin, Henare Howard** who spoke on behalf of new families, and **John Grevatt** who spoke on behalf of the school.

He aha te mea nui o te ao

What is the most important thing in the world?

He tangata, he tangata, he tangata

It is the people, it is the people, it is the people



Happy Chinese New Year! 'Xin nian kuai le!'

Recent years of the Pig are: 1935, 1947, 1959, 1971, 1983, 1995, 2007, 2019. The Pig is the twelfth of all zodiac animals. According to one myth, the Jade Emperor said the order would be decided by the order in which they arrived to his party. Pig was late because he overslept. In Chinese culture, pigs are the symbol of wealth. Their chubby faces and big ears are signs of fortune as well.

Annual Beach Day Friday 8 February- This Friday -Parents are welcome to join us.

We are hoping we will be blessed with another beautiful Wellington Day this Friday as we head to Oriental Bay for our full school annual beach day. The Junior School will be bussed to and from the beach leaving school at 9.25am and returning at 1.30pm. The rest of the school will walk to and from the beach leaving at about 9.15 and returning to school at about 1.30. Children will wear mufti with sensible walking shoes and sunhat. Please ensure your child has sunblock, a good lunch and a water bottle. **There will be no purchasing of food for children at the local shops.** Children can bring plastic buckets and spades to play with at the water's edge. There will be an opportunity for children to swim in a supervised area at the beach. The children will use toilets and changing rooms – these will be supervised by staff.

Subway orders: Subway lunches can be ordered online and are delivered to the school each Wednesday, beginning 13 February. Please make sure your orders are in by 9am on Wednesday – you can make the online order on Tuesday if you prefer. Instructions on how to order online will be emailed out along with this newsletter.

SchoolApps: We use SchoolApps to send our notifications and alerts to parents. If you would like to receive these please go to the app store and download 'SchoolApps', then select Sacred Heart Cathedral School. This is a free app.

JUNIOR NETBALL: Junior netball was a hit last term so Motu Kairangi have decided to extend it. Registrations are open for all players Years 1 - 4.

For information and to register your player, please click on this

link: <https://goo.gl/forms/bxJc6yVL6EC5auav1>.

For more information please email netball@sacred-heart.school.nz

Junior and Middle Wheels Night: The Parents and Friends Committee invite all Junior and Middle students and parents/caregivers to wheels night on Friday 15 February from 5-7pm on the court here at school. Bring a picnic dinner, scooters, bikes, rollerblades for a fun night and remember to wear a helmet! There will also be second uniform items available.

Senior Syndicate Pool Party

The Parents and Friends Committee invite all senior students and parents/caregivers to a pool party at Thorndon pool on Friday 22 February from 5-7pm. This will be a great opportunity to welcome new faces to the senior syndicate and catch up on what will hopefully be a warm Wellington evening. Pay your own pool entry (children \$3.70, adults \$6, spectators free) and we will provide a sausage sizzle. BYO water/soft drinks. RSVP for catering purposes to Cathy (cathy@sacred-heart.school.nz) (stating name of child and numbers attending). Please note that each child attending must have a parent/caregiver present. Also if you are able to help out with this event, please give Cathy a call and let her know on 472 4047. Thanks.

Coming Events:

Tue 5 Feb: BOT meeting 7.30
staffroom

Wed 6 Feb: Waitangi Day – Public
Holiday to celebrate New
Zealand's founding document

Thu 7 Feb: Parents and Friends
meeting 7.30pm staffroom

Fri 8 Feb: School beach day – Oriental
Bay.

Tue 12 Feb: Junior Syndicate
Information session 5 pm
Library

Fri 15 Feb: School wheels night 5.30-
7.30pm

Sun 17 Feb: Farewell Mass for Father
James midday at Wellington
Cathedral of St Paul's
followed by a picnic in the
grounds of Parliament

Mon 18 Feb: Cyber Safety Parent
Information session,
supporting our students
online. 5.00-6.00pm in the
library

Term Dates for 2019:

Term 1: Thu 31 Jan – Fri 12 April

Term 2: Mon 29 April – Fri 5 July

Term 3: Mon 22 July – Fri 27 Sept

Term 4: Mon 14 Oct – Mon 16 Dec

Holidays:

Public holiday: Waitangi Day 6 Feb

Term 1 school holidays includes Easter
and Easter Tuesday and ANZAC day.

Public holiday: Queen's Birthday Monday
3 June

Public holiday: Labour Day Monday 28
October



For further information see the article on
page 2 of this newsletter.

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(school office) 04 4724047.

Tips for staying safe online from Julie Inman Grant, eSafety Commissioner

Sharing responsibly: Think about who can see the photos and what information you may be giving away. Asking your child if it's okay to share their photo is also a great way to help grow their understanding of consent and respect.

Set screen time limits—research shows more than half of parents are concerned about the amount of time their kids spend online. With screens increasingly being used at school and home, it's important to ensure your child has a healthy balance of offline and online time. Setting screen-free zones in the home and negotiating switch off times are useful ways to do this. Don't forget, quality over quantity!

Use tools—parental controls on smartphones, TVs and computers can help limit your child seeing inappropriate content and help manage their time online. Make sure the privacy settings on their apps and games are turned on.

Stay engaged—as soon as we hand our child a device, we should be talking to them about the dos and don'ts of the online world. It's also important let them know we'll be there to support them if anything goes wrong. There is no substitute for taking an interest in our children's online lives from an early age, to help establish strong foundations and open lines of communication.

Professional Development:



CrackerJacks: The staff have been learning different ways to actively involve students in a physical way. This week in our staff meeting we learnt games that build on positive relationships and how students could display kindness and encouragement towards each other- this includes how we speak and the actions we take. Students are empowered throughout the sessions as they talk about their feelings and give feedback to their teacher.

Congratulations to Annabelle Rm 8, who competed in the 2019 Capital Coast Junior Championships for Surf Lifesaving on the weekend. She won the **overall silver medal** in the **U12 age group** coming **1st** in the **Board race**; **1st** in **Diamond** (a swim, board, run race); **2nd** in swim and **4th** in sprints.

Enrolment for the 2019 Sacramental Programme is now open. Enrolments will close on Thursday 28 Feb.

- Eligibility: child be at least 8 years old this year, must be **already baptised**, must provide a copy of baptismal certificate with the registration
- Expressions of interest or enquiries to Angela at angela.nzet@outlook.com or to Debbie at d.matheson@wn.catholic.org.nz or the parish office at cathedral.parish@wn.catholic.org.nz

SchoolZine newsletter: From next Wednesday, we are hoping to produce a new eNewsletter format with [Schoolzine](https://www.schoolzine.co.nz/). The purpose of moving to this new format is to engage the school community more effectively and provide parents, students and the community with a more effective and content rich newsletter format. Cathy has imported all the parent emails that she has into SchoolZine so the newsletter will be emailed out to you. If you do not receive a copy and would like one, or would like a copy sent to another email address, please contact cathy (cathy@sacred-heart.school.nz) with your email address. If you are NOT wanting to receive a copy please let Cathy know which email address to remove from her list.

We have had a fabulous start to the year. Thanks for all your ongoing support. I will leave you with impressions from students who are new to Sacred Heart Cathedral School.

"I have enjoyed making new friends my sister came to Sacred Heart so I already knew a few people." **Liana**

"Everyone has made me feel really welcome." **Riley**

"I am having to leave home much earlier so I can catch the 7.22 am train." **Maddi**

"I am really enjoying my teacher she is very good at explaining what we are doing and why we are doing it and she includes everyone." **Tyler**

"I am really enjoying my teacher because she has a great sense of humour as she tells a lot of jokes." **Ethan**

"The students at Sacred Heart are all friendly and I am enjoying playing basketball at lunchtime." **Max**

"I really like my teacher and I have made so many friends at my new school. I think the new playground is really good." **Sophia**

"My priesthood has soared through the faith and affection I have found here. I know you will continue to thrive because you are committed to love one another."

Father James Lyons

Arohanui –
Bernadette Murfitt, Principal

2019 Capital E National Arts Festival: The biennial Capital E National Arts Festival is back with even more incredible performances made especially for children and young people! With dance, comedy, puppetry and acrobatics, tamaki will be transported to wonderful new worlds in this city-wide celebration of the performing arts. Experience the magic of theatre with shows from Japan, Australia, Denmark and our very own Aotearoa. Tickets are only \$16.50 or book three shows for the price of two (\$33)! Book today!

<https://www.capitale.org.nz/national-arts-festival-public-shows/>

Marrzipan Drama classes: *Is your child shy? Do they feel intimidated by the idea of public speaking and performance? Do they sometimes find it difficult to make eye contact? Do they just need dedicated time per week to just be CRAZY?! Come and join the revolutionary self-confidence programme - Marrzipan! We run awesome classes at schools, which focus on key life skills and public speaking ability. We play fun engaging games and perform at the end of term once to parents and once to the school. All scripts are original, engaging, educational and HILARIOUS. You can sign your child up for a Trial Lesson via our website www.marrzipandrama.co.nz (we have contact numbers on there too, should you prefer to talk to a human!)*

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